



LAST NAME: \_\_\_\_\_ FIRST: \_\_\_\_\_ MI: \_\_\_\_\_

DATE: \_\_\_\_\_ DOB: \_\_\_\_\_ ACCT #: \_\_\_\_\_

**REASON FOR OFFICE VISIT:**

Which doctor referred you today? \_\_\_\_\_

Are you a new patient to The Breast Center? Y N

Is this a follow up exam? Y N

Do you feel a new breast lump? Y N If yes, which breast and for how long? \_\_\_\_\_

Do you have an abnormal mammogram? Y N

Do you have nipple discharge? Y N If yes, which breast and color of discharge? \_\_\_\_\_

Do you have breast pain? Y N If yes, which breast and for how long? \_\_\_\_\_

Do you have skin changes? Y N If yes, which breast and describe? \_\_\_\_\_

**PAST MEDICAL HISTORY:**

Do **you** have a history of breast cancer? Y N

If yes, which breast? R L Lumpectomy or mastectomy? \_\_\_\_\_

Radiation therapy? Y N

Chemotherapy? Y N

Anti-estrogen medications? Y N If yes, list (Tamoxifen, Arimidex, etc) \_\_\_\_\_

Do **you** have a history of ovarian cancer? Y N

Do **you** have a history of any other cancers? Y N If yes, list \_\_\_\_\_

Do **you** have a history of mastitis/breast infections? Y N

Do **you** have a history of breast injuries or trauma? Y N

Do **you** have a history of breast cysts? Y N

Are **you** taking hormones (estrogen, progesterone)? Y N If yes, list \_\_\_\_\_

Are **you** taking Birth Control Pills? Y N

**SOCIAL HISTORY:**

Do you smoke? Y N If so, how many per day? \_\_\_\_\_

Did you smoke in the past? Y N How long ago did you quit? \_\_\_\_\_

Do you drink alcohol? Y N How often? \_\_\_\_\_

Do you drink caffeine? Y N How often? \_\_\_\_\_

Do you exercise? Y N How often? \_\_\_\_\_

**REPRODUCTIVE HISTORY:**

Age of 1<sup>st</sup> menstrual cycle \_\_\_\_\_

Age of 1<sup>st</sup> pregnancy \_\_\_\_\_

Age of menopause \_\_\_\_\_

Date of your last pap smear \_\_\_\_\_

Are **you** pregnant? Y N If yes, due date \_\_\_\_\_

Are **you** breast feeding? Y N



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**FAMILY HISTORY:**

List any family members that have the following medical conditions:

High Blood Pressure \_\_\_\_\_ Heart Attack \_\_\_\_\_ Heart Failure \_\_\_\_\_  
Stroke \_\_\_\_\_ Diabetes \_\_\_\_\_

**Family** members with **Breast Cancer?** - Y N (if yes, list age at diagnosis)

First Degree relatives: Mother \_\_\_\_\_ Sister(s) \_\_\_\_\_ Daughter(s) \_\_\_\_\_

Mother's Side: Grandmother \_\_\_\_\_ Aunt(s) \_\_\_\_\_ Cousin(s) \_\_\_\_\_ Men \_\_\_\_\_

Father's Side: Grandmother \_\_\_\_\_ Aunt(s) \_\_\_\_\_ Cousin(s) \_\_\_\_\_ Men \_\_\_\_\_

Family members with **Ovarian cancer?** Y N please list \_\_\_\_\_  
Uterine cancer? Y N \_\_\_\_\_  
Prostate cancer? Y N \_\_\_\_\_  
Pancreatic cancer? Y N \_\_\_\_\_

**YOUR PAST SURGICAL HISTORY:**

Name and dates of operations and/or Biopsies:

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

**METALIC IMPLANTS:**

Do you have any of the following:

Pacemaker	Y	N
Stimulator	Y	N
Stent	Y	N
Aneurysm Clip	Y	N



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**HEALTH INFORMATION** - Circle Yes or No

**General**

Weight loss Y N  
 Weight gain Y N  
 Current weight \_\_\_\_\_  
 Current height \_\_\_\_\_

**Other skin symptoms**

Skin problems Y N  
 Rashes Y N  
 Other: \_\_\_\_\_

**Ear, Nose and Throat**

Earache Y N  
 Hearing Loss Y N  
 Nose bleeds Y N  
 Nasal discharge Y N  
 Mouth sores Y N  
 Throat pain Y N  
 Other: \_\_\_\_\_

**Heart**

Rapid heartbeat Y N  
 High blood pressure Y N  
 Are you taking blood thinners? Y N  
 Other: \_\_\_\_\_

**Lung symptoms**

Asthma (wheezing) Y N  
 Other: \_\_\_\_\_

**Endocrine symptoms**

Thyroid Disorders Y N  
 Diabetes Y N  
 Other: \_\_\_\_\_

**Infectious Diseases**

HIV/ AIDS Y N  
 Hepatitis B Y N  
 Hepatitis C Y N

**Bone and Joint symptoms**

Joint pain Y N  
 Muscle Aches Y N

**Neurological**

Difficulty moving arms/legs Y N  
 Fainting Y N  
 Headaches Y N  
 Do you use a cane, walker, or wheelchair Y N  
 \*if so, do you have frequent falls Y N

**Lymphatic symptoms**

Neck pain Y N  
 Lump in neck Y N  
 Lump in armpit Y N  
 Other: \_\_\_\_\_

**Gastrointestinal symptoms**

Decreased appetite Y N  
 Heartburn Y N  
 Other: \_\_\_\_\_

**Bleeding disorders**

Do you have any bleeding problems? Y N  
 Do you tend to bruise easily Y N  
 Other: \_\_\_\_\_

**Psychological symptoms**

Sleep disturbances Y N  
 Anxiety Y N  
 Depression Y N  
 Other: \_\_\_\_\_



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**ALLERGIES:**

\*No known or list below

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

Are you allergic to IV Contrast? Yes No

**MEDICATIONS:**

Please list dosage and frequency

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

**General Breast Health Questions**

- Y N Have you been instructed to perform breast self examinations?  
 Y N Do you examine your breasts monthly?  
 Y N Have you ever had a breast mammogram? If so, when was your last mammogram prior to today?  
 Y N Do you understand that it is recommended to have a yearly breast examination by a health care provider?  
 Y N Do you understand that very tiny breast cancers may not be felt by your doctor and that is why repeat examinations are necessary?  
 Y N Do you understand that mammograms are very helpful, but that not all breast cancers can be seen on x-ray or ultrasound?

Please check if you have had any changes in your health in the past year.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_